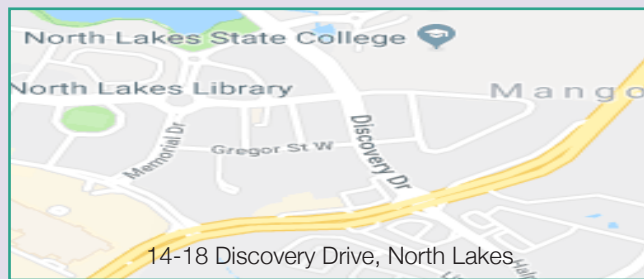
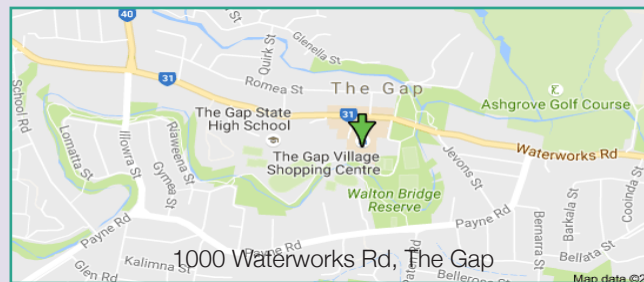
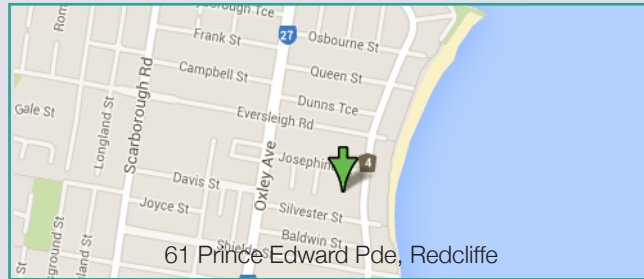


Scuba Sam's Social Adventure program aims to help children develop social skills so they feel connected in their social environments.



Maps supplied by Google

Scuba Sam's Social Adventures

A social skills program designed for 4-7 year olds



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Kids just love it!

Scuba Sam's Social Adventure Program aims to improve your child's social interactions with both peers and adults.

It is facilitated in small play-based groups, where children learn and practice a range of social skills. Home practice adventures will be given between sessions to help generalise skills at home and school.

Children attend 8 x 1 hour weekly sessions facilitated during the school term.

The social adventures explored in the program

Session 1: Getting to know you with Tommy Turtle

- Greeting others
- Getting to know new friends
- Staying calm

Session 2: Play skills with Willow Whale

- Initiating interactions
- Sharing and taking turns
- Being a good winner and loser

Session 3: Social cues with Ollie Octopus

- Reading emotions through face, body and vocal cues
- Reading body language and situational cues

Session 4: Being a good friend with Freya Fish

- Knowing the difference between a good friend and a poor friend
- How to be a good friend

Session 5: Communication skills with Dylan Dolphin

- Initiating conversation
- Having conversations (taking turns talking and listening, asking questions)
- Ending a conversation

Session 6: Putting in all together with Sunny Starfish

- Review of all skills and additional practice

Session 7: Sandy Seal

- Free play and skill practice with adult "coaches"

Session 8: Sheldon Shark

- Free play and skill practice with adult "coaches"
- Graduation

How Scuba Sam's social adventures can help your child

Some children have difficulties acquiring the foundation social skills needed for more complex interactions as they develop alongside their peers. This program uses discrete teaching of "the basics" to help them establish reciprocal interactions with others, before then trying out their skills in a more play-based setting. This allows children to try out their new skills while in the presence of adult "coaches" who can provide prompting and feedback to increase the quality of social skill use in the moment.

The aim of the Scuba Sam's Social Adventure program is to help children access their social environment and feel connected to their peer groups through transfer of the skills taught in clinic appointments to their everyday interactions. When children feel connected socially, they typically experience a greater sense of wellbeing, and as a result, are likely to become more socially motivated.



Appointments can be made by contacting Young Minds Network
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