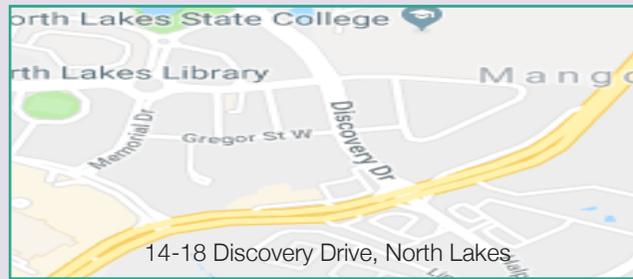
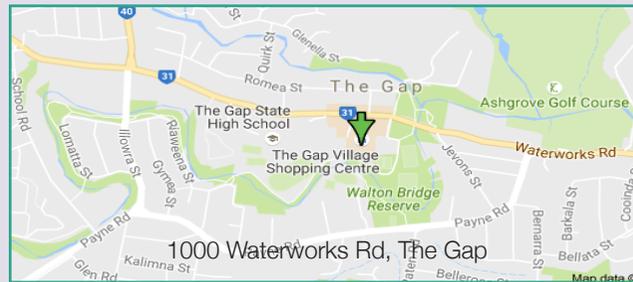
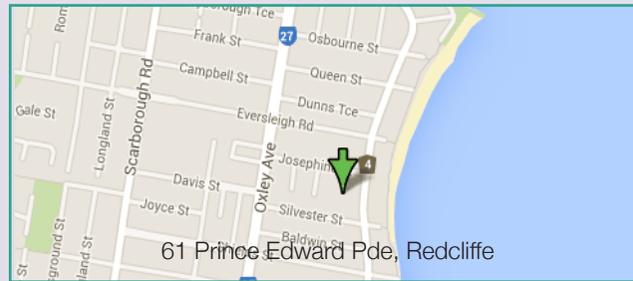
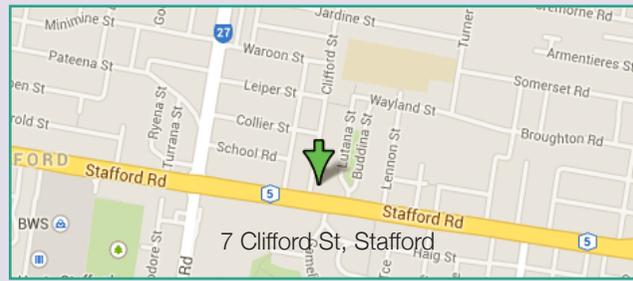


A fun, hands-on approach to teach kids 6-8 years to self-regulate



Maps supplied by Google

HUNTER AND HIS AMAZING REMOTE CONTROL

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About the Program

Hunter and His Amazing Remote Control six session program focusses on teaching children the skills for self-regulation: the ability to monitor and control their own behaviour and focus on what is important at the time.

Facilitators progressively introduce children to the different buttons on their own "personal remote" through direct teaching and modelling, before providing the children structured and play-based opportunities to "try out" their new skill.

Caregivers are also educated on the content explored each session and given suggestions on how they can best support their child to apply each skill in their own environment.

This is an experiential learning experience that has received a lot of great feedback from both parents and the kids who attend.

How your child benefits from participating

Challenges with attention, concentration, hyperactivity and impulsivity can impact a child's ability to engage in learning and interact positively with others. The Hunter program is a hands-on approach that provides children, parents and teachers a common language to improve self-regulation skills.

Throughout the program children are taught different buttons for their 'brain remote control'. These buttons are designed to help them focus, understand what could happen, reflect on past actions and slow down.



Session Topics

Week 1 - Introduction to the program and the "Channel Changer" button (Ignoring distractions and staying on task).

Week 2 - "Pause" and "Fast Forward" buttons (Impulse control and prediction of consequences).

Week 3 - "Rewind" button (Reflection on actions and future problem solving).

Week 4 - "Slow Motion" button (Move slow and calm down).

Week 5 - "Coach" and "Zapper" buttons (Growth Mindset and positive self-talk).

Week 6 - "Way to Go!" button (Self-awareness and acknowledgement of achievement).

Register your child in the program by contacting the team at Young Minds



Appointments can be made by contacting Young Minds Network
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