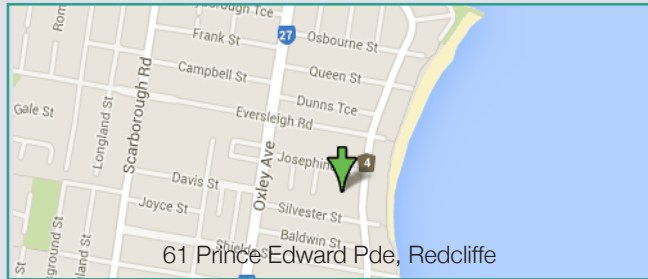
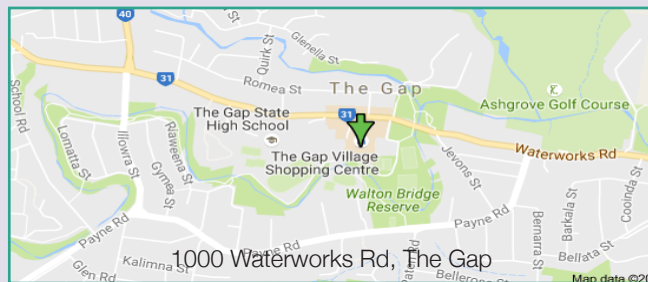




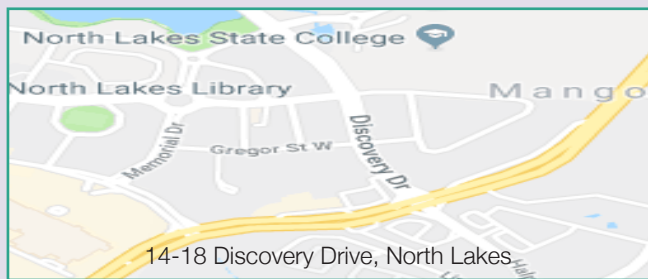
7 Clifford St, Stafford



61 Prince Edward Pde, Redcliffe



1000 Waterworks Rd, The Gap



14-18 Discovery Drive, North Lakes

Maps supplied by Google

# The Circle of Security<sup>®</sup> Parenting Program (Abbreviated)



Tel: 07 3857 0074

Fax: 07 3857 0073

enquiries@youngmindsnetwork.com.au



Call: 07 3857 0074

[www.youngmindsnetwork.com.au](http://www.youngmindsnetwork.com.au)

[www.youngmindsnetwork.com.au](http://www.youngmindsnetwork.com.au)

# The Circle of Security® Parenting Program (Abbreviated)

Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security® Parenting program is based on decades of research about how secure parent-child relationships can be supported and strengthened. At Young Minds we run the abbreviated version which covers the same content but over a shorter period of time (6 weeks rather than 8).

## Learning Objectives:

- Understand your child's emotional world by learning to read their emotional needs
- Support your child's ability to successfully manage emotions
- Enhance the development of your child's self esteem
- Honor your innate wisdom and desire for your child to be secure



## Who should attend?

Parents of children aged between 0-8.

Expecting parents and individuals working with young families are also welcome.

## Program Outline

### Session 1:

Welcome to Circle of Security Parenting

### Session 2:

Exploring Our Children's Needs All the Way Around the Circle

### Session 3:

"Being-With" Infants and Children on the Circle

### Session 4:

The Path to Security

### Session 5:

Exploring our Struggles

### Session 6:

Rupture and Repair in Relationships; Summary and Celebration

*Register by contacting the team  
at YoungMinds*



Appointments can be  
made by contacting Young Minds Network  
Tel: 07 3857 0074 | Fax: 07 3857 0073  
enquiries@youngmindsnetwork.com.au

[www.youngmindsnetwork.com.au](http://www.youngmindsnetwork.com.au)