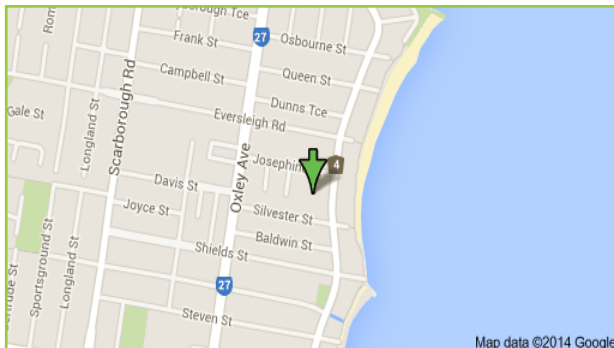


7 Clifford St, Stafford



61 Prince Edward Pde, Redcliffe

Our other clinics are located at:

Level 1, Evergreen Lifestyle Ctr, 14-18 Discovery Dve, North Lakes
 Level 1, The Gap Village Shopping Ctr, 1000 Waterworks Rd, The Gap

Phone: 3857 0074
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E-mail: enquiries@youngmindsnetwork.com
www.youngmindsnetwork.com

The Circle of Security® Parenting Program



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Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security® Parenting program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Learning Objectives:

- Understand your child's emotional world by learning to read their emotional needs
- Support your child's ability to successfully manage emotions
- Enhance the development of your child's self esteem
- Honor your innate wisdom and desire for your child to be secure



Who should attend?

Parents of children aged between 0-8.

Expecting parents and individuals working with young families are also welcome.

Program Outline

Session 1:

Welcome to Circle of Security Parenting

Session 2:

Exploring Our Children's Needs All the Way Around the Circle

Session 3:

"Being-With" Infants and Children on the Circle

Session 4:

The Path to Security

Session 5:

Exploring our Struggles

Session 6:

Rupture and Repair in Relationships; Summary and Celebration

Register by contacting the team at
YoungMinds

Phone: 3857 0074
Fax: 3857 0073

E-mail: enquiries@youngmindsnetwork.com
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